

The Royal Navy is not only at sea, we also have a footprint all across the country. At every establishment you will find sailors and marines contributing to our local communities not just economically but also socially. Events such as open days, charity work, mentoring in schools and helping local groups, our stations, large or small, have a real involvement with the people who live nearby.

**IN THE COMMUNITY AFTER THE RIOTS**

**Lt James Walker RN**

After witnessing the destruction caused by the riots near his home in Clapham Lt Walker RN did something about it.

Not only did James pick up his brush and get out on the streets, he encouraged others to do so too, and then James coordinated the clean-up with the Police.



**SERVING THE PUBLIC WHENEVER WE CAN**

When a Royal Navy Sea King helicopter noticed a traffic jam on a usually quiet road they changed their plans to investigate.

The crew of the Sea King saw an upturned vehicle in the road and offered assistance to the on scene paramedics.

Airlifting to hospital was the safest option and thanks to the crew's quick thinking the injured driver was taken to the hospital by the Royal Navy gaining precious life saving minutes.

The Royal Navy provides temporary team leader secondments to The Prince's Trust across the UK. This partnership has been a huge and lasting success, helping thousands of disadvantaged young people to transform their lives.



Prince's Trust

**CHARITY**

Charity and community projects play an important role in the Royal Navy. Servicemen and women do join up to do just that...serve.

Some of the charities our sailors and Marines have helped recently are shown here but the list could go on and on...



**YOUNG CITIZENS WORKING FOR SOCIETY**

**Sea Cadet Unit TS Mantle VC**

Like sea cadet units across the country the Yeovil cadets enjoy getting out and about and helping their community. This not only benefits their town but also instils the work ethics and values that will help these young men and women find work in the future. The picture shows sea cadets assisting in the running of the 'Race for Life' charity event.

# THE ROYAL NAVY

Upholding Britain's Core Values



**The Royal Navy is protecting the nation's interests in an unpredictable world.** At any one time, the Royal Navy is fulfilling a multitude of roles that includes:

- providing security at sea which promotes and protects trade
- preventing conflict by deploying to regions where tensions exist
- responding to natural disasters and providing humanitarian assistance.

One big reason why the Royal Navy is such a capable force is the quality of its men and women. Drawn from every part of our society, the Royal Navy's sailors, aviators and marines are the best in the world. These men and women serve their country, but they play a big part across every aspect of our society as well.

## EDUCATION

People are the most important asset of the Naval Service and continued education and investment in them is vital. As well as the continuous professional training which occurs throughout a service career, the Royal Navy is helping people gain extra qualifications. In 2010, sailors and marines academic and vocational achievement included:

11 PhDs	3850 Apprenticeships started
350 Masters degrees	1500 Basic Skills courses completed
570 Foundation/Bachelor degrees	1200 A/AS/GCSEs

## WORKING WITH YOUNG PEOPLE

The Royal Navy works with a number of schools, colleges and youth organisations including:

- Sea Cadets – The organisation focuses on getting young people interested in the maritime environment and the Royal Navy, and gives them the values which are so important in all walks of life.
- Young Engineers - The charity runs an annual Royal Navy challenge which inspires futures in engineering.
- URNU - University Royal Navy Units promote the Royal Navy and its values to the next generation of leaders. These units teach real skills which are a huge benefit in all employment after university. The units also provide a Royal Navy presence on campus.
- Schools - Across the Royal Navy our ships, squadrons and units work with affiliated schools helping to engage and inspire young children and promote the Royal Navy's core values of Courage, Commitment, Discipline, Respect for Others, Integrity and Loyalty.



## A DIVERSE ROYAL NAVY FOR A DIVERSE UK

The Royal Navy is proud of our culture of acceptance.

*"My advice is the same as anyone: work at it, be strong and your talent will shine through"*

Rear Admiral Hussain,  
The UK's highest ranking Muslim officer.

*"I have never experienced the slightest hint of any attitude in the Navy that prefers men over women...I have no particular ambitions, save to do the very best I can. But if there are glass ceilings in the Navy I haven't encountered them yet."*

Cdr Sarah West RN,  
Commanding Officer of HMS PORTLAND

## FIT TO FIGHT - The Royal Navy encourages a healthy lifestyle in all servicemen and women

- All Royal Navy Physical Training Instructors are also qualified health trainers
- Five fitness sessions a week in basic training establishes a positive attitude toward keeping in shape
- Every sailor, aviator and marine must pass a fitness test annually
- Smoking cessation courses are available on board all ships and establishments

**The Royal Navy will be at the heart of the Olympic Games this summer.** Ships, aircraft and personnel, including the specialist skills of the Royal Marines, will be providing security during the games in partnership with other agencies.

Meanwhile Royal Navy personnel will be proud flag bearers for the events, several sailors and marines are directly involved in GB sport and hoping to compete in this year's Olympic and Paralympic Games in London. These include sailing star Lt Cdr Penny Clark (left) and champion rower Lt Pete Reed, who both competed at the Beijing Olympics.



Lt Kirsty Wallace overcame debilitating injuries to represent Great Britain in wheelchair basketball.

## THE MARITIME RESERVE

We are proud of the Royal Naval and Royal Marine Reserve who provide their experience and skills to operations around the world, part time, alongside their day-to-day career. As fully trained members of the Royal Navy they are completely interchangeable with their full time counterparts and bring the talents honed in their civilian jobs to the Service and vice versa.

Air Engineering Technician Michelle Ping is a helicopter engineer with the Royal Naval Reserve. It was her skills as a civilian paramedic that were needed in Afghanistan. Providing medical assistance in a forward operating base, AET Ping leapt into the line of fire to look after a soldier when he was severely wounded. AET Ping won a Sun Newspaper Military Award for Best Reservist in 2011.

Royal Navy and Royal Marines Reserves personnel also take the skills and values of the Royal Navy into their communities, benefiting their employers, and making reservist personnel more employable.

*"My involvement with the URNU and the RNR has meant that I can show to employers that I have skills, leadership, and teamwork training and experience, that might not otherwise be available to someone of my age and seniority"*



## COUNTERING DRUGS

The Royal Navy plays a big part in the battle against illegal drugs, disrupting smuggling and intercepting millions of pounds of illegal substances on the high seas. Our men and women are committed to the fight against narcotics and it should be no surprise that we operate a strict zero tolerance policy.

**0.3%** the percentage of Royal Navy personnel who fail the random Compulsory Drug Test programme annually.

**8.8%** the percentage of the civilian population of England and Wales aged 18-59 who have taken illegal substances in the last year.